



St John
Here for Life

Youth

Are you up for a challenge?



St John Youth is New Zealand's leading youth programme for young people from 6 to 18 years.

Our programmes focus on teaching young people first aid, health care, leadership and life skills – all in a fun and engaging environment that encourages growth and discovery.

Activities are designed to cater for different needs and abilities to open opportunities to all young people.

Achieve in a variety of areas from competing in first aid scenarios to conquering fears in adventure camps. Lead large groups, gain awards, and build self confidence.

No matter what you can do now – St John Youth provides challenges that will unlock your true potential!

How does it work?

Youth members meet once a week during the school term at their local division. Every division has a unique programme to suit your needs and interests – so there is a lot of variety.

Additional opportunities

Outside the exciting activities that happen in a division, there are heaps of other activities throughout the year to meet new people, learn new things and have loads of fun.

The only limit to what you can achieve is how far you are willing to go!



Penguin programme



Cadet programme



Youth leaders

Fun, discovery, building confidence and teamwork

Penguins (6 to 8 years)

What you learn:

- > how to keep you and others safe
- > healthy lifestyle choices
- > basic first aid skills and tips
- > confidence in communicating
- > creative thinking and planning
- > how to help out in your community
- > new hobbies and interests

Discover the Penguin programme at: youth.stjohn.org.nz/penguins

First aid, health care, leadership and life skills

Cadets (8 to 18 years)

Types of activities:

- > overnight stays and camps
- > adventure activities
- > fun days and social functions
- > competitions and first aid scenarios
- > courses and training workshops
- > operational events alongside St John
- > travel opportunities and scholarships

Explore the Cadet programme at: youth.stjohn.org.nz/cadets

Help make a positive impact on young people

Leaders (18+ years)

Roles available:

- > directly interact and develop young people as a youth leader
- > lead and support a team of leaders and cadets as a youth manager
- > help out behind the scenes in a youth support role

If you are interested in helping us out, we'd love to hear from you!

For more information, please visit: youth.stjohn.org.nz/leaders

Become part of New Zealand's leading youth organisation

If you have a drive to succeed and are up for a real challenge then you could have what it takes to become a youth member in St John!

youth.stjohn.org.nz

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